



**pharma science<sup>TM</sup>**  
the indian ayurveda

***Training Manual of  
"Anti-piles  
Complete Resolution Treatment"  
For Nursing Staff & Doctors***



## **LESSON 1. Required accessories for treatment of “Anti-Piles Complete Resolution”.**

- a.** Disposable hand gloves.
- b.** Savlon antiseptic liquid (only savlon).
- c.** Lignocaine hydrochloride gel (Xylocaine).
- d.** Proctoscope.
- e.** Highly antibiotic tablets (example: - amoxicillin  
doxycycline, cephalixin, ciprofloxacin, clindamycin, metronidazole,  
azithromycin, sulfamethoxazole).
- f.** Cotton buds.
- g.** Tetanus vaccine (injection).
- h.** Antibiotic injection (example: - lynx).
- i.** Microfoam tape.
- j.** Vaseline petroleum jelly (non flavoured, original pure vaseline only).
- k.** Dressing cotton roll.
- l.** Langot.
- j.** Lithotomy position equipment.
- k.** Electrol Powder.

(Note:- take always a glass bowl, hair stick and water dropper as a basic accessories.)

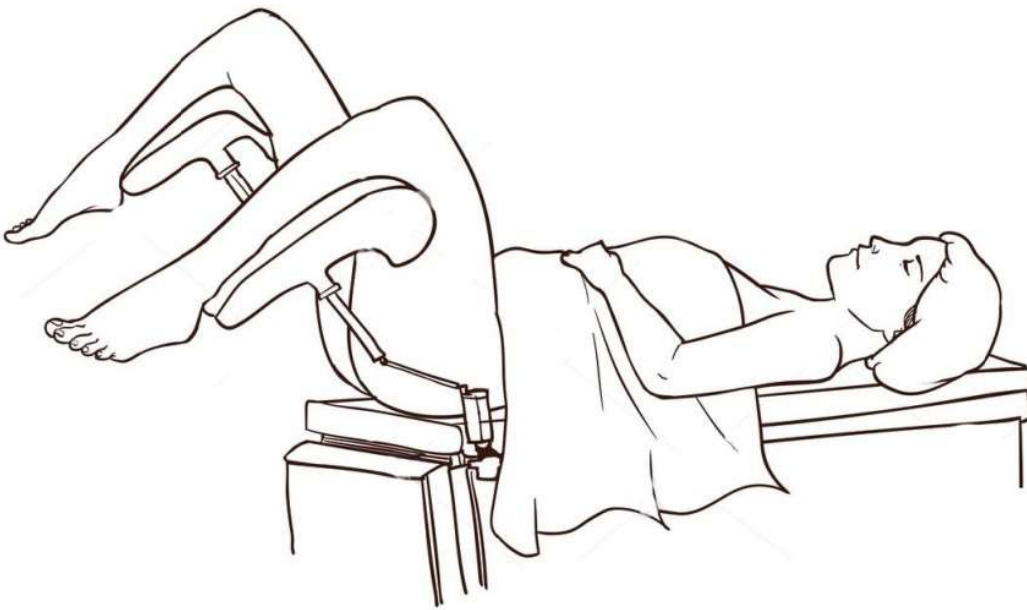


## **LESSON 2:-**Application of first phase medicine with precautions.

- a.** Before the treatment of “Anti- Piles Complete Resolution” make sure that patients has not any wound around the surface of hemorrhoid.
- b.** Before 48 to 72 hours of starting the treatment; remove all hairs around the hemorrhoid & clean the surface around the hemorrhoid.
- c.** Before the treatment make sure that the patients has not any skin disorder like: - Scabies, Rash, Ringworm, Psoriasis, Allergy etc.
- d.** Watch treatment demonstration videos for basic information about treatment & application of first phase medicine.
- e.** Apply the first injection of tetanus to the patient at least 24 hours before starting treatment.
- f.** To apply the medicine of the first phase, apply to the patient on the lithotomy position, on the basis of treatment demonstration video; must remember that the medicine is to be applied only on the surface of the Piles.
- g.** Before applying the first phase medicine, apply a micro-foam tape to the surface around the Piles, on which make a layer of Vaseline, so that the medicines cannot spread on nearby surfaces.
- h.** If the medicine of the first phase has spread to the skin around the piles, then clean it well with the help of cotton buds.

**(Note: -** It is compulsory to provide information to the patient that patient is restricted for complete bed rest during the treatment of first phase.)





### **Lithotomy Position**

**(For first phase treatment)**

### **LESSON 3:-**

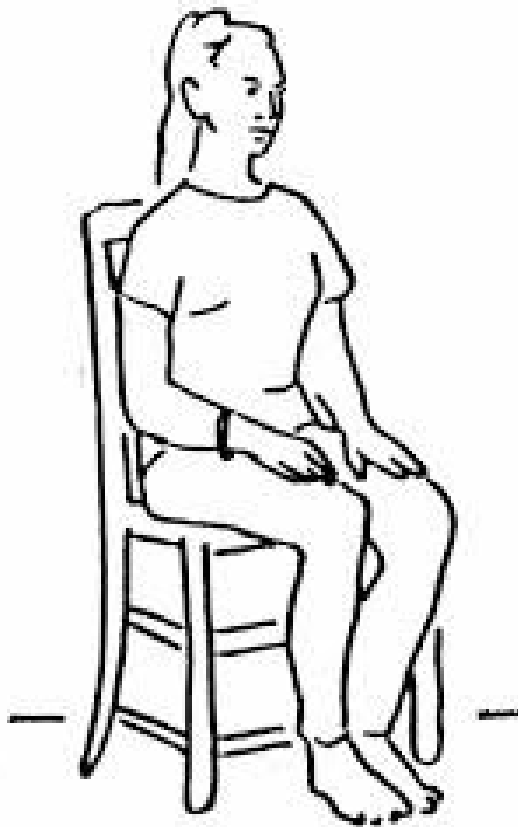
- a. In the preparation of second phase medicine, take the amount of ghee in the proper proportion so that the medicine is not sticky and do not make wounds around the piles.
- b. If there is a shortage of second phase medication in the treatment of any patient, then in such a situation, by adding 15 to 20 grams of pure turmeric in 300 gram flour, alternate of second phase medication can be made, but be aware that in this situation For at least 3 days the patient should applied pure second phase kit medicine.



c. After falling the piles by the roots; start the treatment for wound healing, after the applying second injection of tetanus to the patient.

d. Depending on the basis of observation of wound for providing wound healing treatment, patients should be given dressing, injection and medication.

(**Note:-** During the second phase treatment, the patient has to spend most of the time sitting on the ordinary hard surface; also, be aware that the nappy(langot) which is the basis of medicine is tied tightly.)



### Sitting Position

(For Second Phase treatment)

